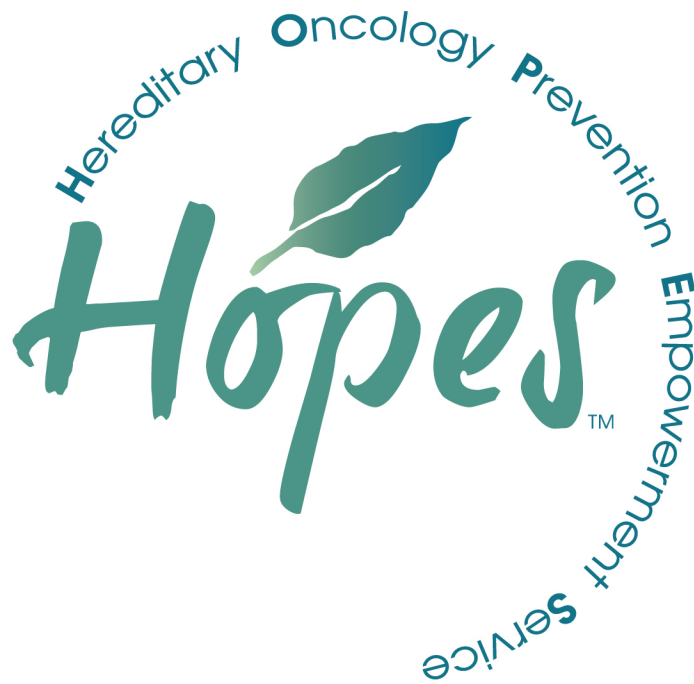




HOPES Referral Packet

Please fax to: 800-340-7201



CANCER RISK ASSESSMENT & HEREDITARY CONSULTATION PATIENT REFERRAL FORM

PHYSICIAN INFORMATION:

Physician or Health Care Provider (please print): _____

Practice name: _____ NPI # (required) _____

Practice contact (please print) _____ Email: _____

Office phone #: _____ Office fax #: _____

PATIENT INFORMATION:

Patient name: _____ DOB: _____

Address: _____

Phone #: _____ Email: _____

Please check all that apply:

- ☐ Patient has a personal history of cancer. Cancer: _____ Age dx: _____
- ☐ Patient is currently undergoing cancer treatment for: _____
- ☐ Patient has a family history of cancer. Cancer(s): _____
- ☐ Patient needs to be seen as soon as possible to make treatment decisions. TM

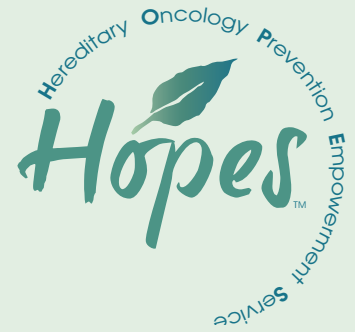
FAX TO HOPES SOURCE AT 800-340-7201

**Please attach a copy of the patients INSURANCE CARD (front and back)
and any pertinent medical records related to the request.**

Thank you for referring your patient to the HOPES program. He/she will be contacted by a HOPES advocate after receipt of this form. In addition to receiving educational and support resources, the HOPES advocate will schedule an appointment for your patient to meet with a genetic expert. You will receive a copy of all patient records detailing any reports or recommendations. Our genetic experts offer ongoing clinical support for implementing a personalized prevention plan (if applicable) and will be available for any peer-to-peer discussions as needed.

SRID# _____

While you don't inherit cancer, you can inherit a higher risk of developing it.



Know Your Family History

This Knowledge Can Be Life Saving.



Did you know?

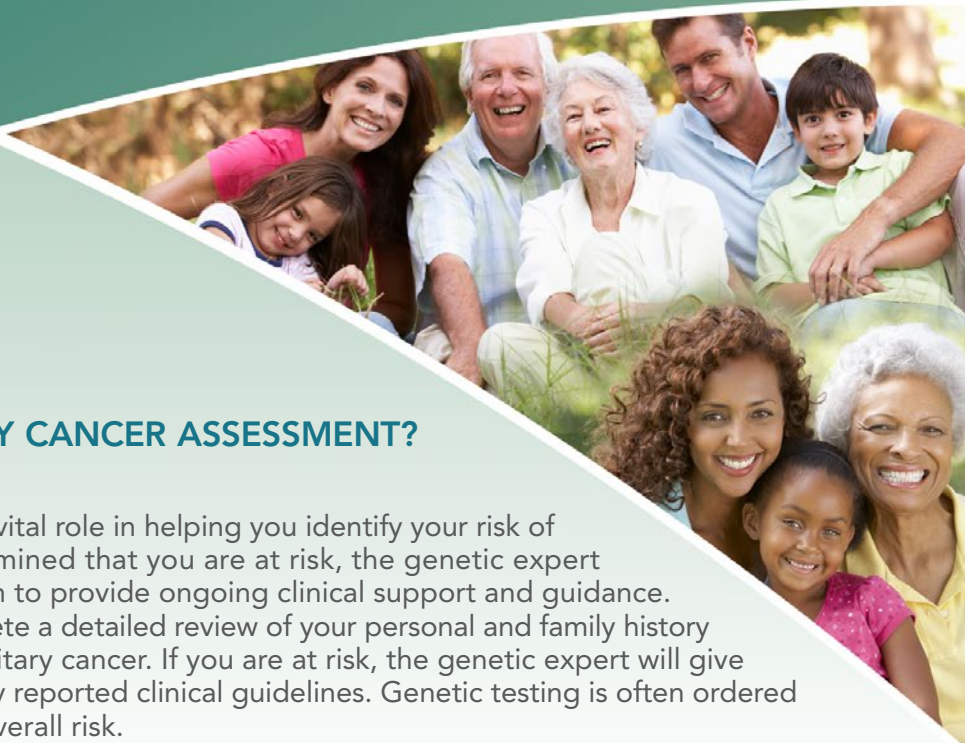
- Approximately one in every two men and one in every three woman will develop some type of cancer in their lifetime?
- 1 in 10 people (including children) who develop cancer have had the diagnosis because of an inherited risk factor?
- Over 50 different types of cancer may be hereditary?
- Detecting cancer early is one of the most important things you can do to protect your health and that in many cases cancer be prevented entirely?
- The lifetime cancer risk for patients with identified gene mutations, is significantly increased, up to a:
 - » 87% higher risk for breast cancer
 - » 44% higher risk for ovarian cancer
 - » 99% higher risk for colon cancer
 - » 71% higher risk for uterine
 - » 76% higher risk for melanoma
 - » 36% higher risk for pancreatic
 - » 80% higher risk for gastric
 - » 44% higher risk for prostate

Does cancer run in your family?

- 1) Has cancer been diagnosed in multiple family members across generations?
- 2) Have any family members been diagnosed with cancer before the age of 50?
- 3) Have any family members had the same or related types of cancer?
- 4) Have any family members been diagnosed with a rare cancer; for example: breast cancer in a man or cancer of the colon, uterus, thyroid or stomach?
- 5) Have you or any family member had ovarian or fallopian tube cancer at any age?
- 6) Are you of the Ashkenazi Jewish ancestry?

If you have answered "YES" to any of the questions above, you may benefit from a Hereditary Cancer Assessment.

FAQ'S



WHAT IS INVOLVED IN A HEREDITARY CANCER ASSESSMENT?

A genetic assessment includes:

- **Genetic Expert:** A genetic expert can play a vital role in helping you identify your risk of developing a hereditary cancer. If it is determined that you are at risk, the genetic expert can work with you and your primary physician to provide ongoing clinical support and guidance.
- **Medical History:** A genetic expert will complete a detailed review of your personal and family history to determine your risk of developing a hereditary cancer. If you are at risk, the genetic expert will give recommendations based on the most recently reported clinical guidelines. Genetic testing is often ordered after taking your history to determine your overall risk.
- **Genetic Testing:** Genetic testing for hereditary cancers is an analysis of a person's genes to determine if there is a change in a gene that increases the person's risk of developing cancer. The testing can be performed non-invasively with the collection of a saliva sample. Insurance companies will usually cover the cost of the genetic counseling appointment and genetic testing if your personal or family history places you at risk of developing a hereditary cancer.
- **Post-Test Genetic Counseling:** The genetic expert will spend time with you after testing explaining the results and implications of the testing. If you are at risk, the genetic expert will work with you to develop a Primary Prevention Plan for the hereditary cancer.
- **Personalized Prevention Plan:** This is a plan developed by you and the genetic expert to be intentional about taking steps that lead to prevention or early detection of cancer. Genetic counseling and testing provide you with medical knowledge so that you can make informed decisions about your health.
- **Family Risk:** If you test positive for a gene mutation that places you at risk of developing a hereditary cancer, we encourage your family members to be tested as well. The information from genetic counseling and testing can enable family members to make life-saving decisions about their health or relieve their concern if they test negative for the abnormal gene.

WHAT HAPPENS DURING MY CONSULTATION WITH A GENETIC EXPERT?

Your personal and family cancer history will be reviewed, including type(s) of cancer and age(s) at diagnosis. Based on this information a genetic professional will:

- Evaluate your risk of inherited cancer.
- Discuss available genetic testing options to evaluate your risk of cancer.
- Discuss the benefits and considerations of testing, including insurance coverage and confidentiality.
- Help you decide if genetic testing is right for you.
- Explain the process for ordering genetic testing.
- Talk to you about medical management options based on personal/family history and/or genetic test results.
- Discuss the emotional impact of the information on you and your family.

THE BENEFITS OF KNOWING IF YOU HAVE AN INHERITED CANCER RISK:

- Prevention
- Early detection
- Relief from uncertainty
- Knowledge to make informed health decisions
- Proactive lifestyle changes
- Health information that can help your family

TO SCHEDULE YOUR CONSULTATION WITH A GENETIC EXPERT, PLEASE CONTACT US:
800-345-7201 OR visit us online at www.hopessource.org

Know Your Family History

This Knowledge Could Be Life-Saving.



Please fill in the name and type of cancer of each family member affected.

Person Affected	Breast, Ovarian, Male Breast, Pancreatic or Prostate Cancer	Age Diagnosed
Yourself		
Sons/Daughters		
Sisters		
Brothers		
Mother's Side		
Mother		
Grandmother		
Grandfather		
Aunts		
Uncles		
Cousins		
Father's Side		
Father		
Grandmother		
Grandfather		
Aunts		
Uncles		
Cousins		

Have you or any family member had:

- ☐ ovarian or fallopian tube cancer at any age?
- ☐ breast cancer at age 50 or younger?
- ☐ more than one breast cancer diagnosis?
- ☐ both breast and ovarian cancer?
- ☐ triple negative breast cancer?
- ☐ Eastern European (Ashkenazi) Jewish ancestry and a history of breast or ovarian cancer?
- ☐ male breast cancer?
- ☐ renal cell (kidney) cancer at age 50 or younger?
- ☐ colorectal cancer at age 50 or younger?
- ☐ personal history or first degree relative with thyroid cancer?
- ☐ personal history of parathyroid cancer <30 yo?
- ☐ personal history of multiple endocrine tumors?
- ☐ personal history of gastric cancer?
- ☐ personal history of primary melanoma >2 times?
- ☐ >1 cases of pancreatic cancer in close relatives?

Have more than one member on the same side of the family had:

- ☐ breast cancer?
- ☐ ovarian or fallopian tube cancer?
- ☐ prostate cancer?
- ☐ melanoma or pancreatic cancer?
- ☐ gastric cancer?
- ☐ melanoma?
- ☐ multiple and/or unknown types of cancers in one person?

If you answered "yes" to any of these questions, you may consider further evaluation of your risk of developing a hereditary cancer with a genetic counselor.